

CONFIDENTIALITY-SERVICES-EXPECTATIONS

CONFIDENTIALITY: Our coaching relationship is completely confidential. Robin Star will not speak of the coaching relationship to anyone without her clients express consent; however, *the client* is free to discuss the coaching relationship with anyone, at any time.

COACHING SESSIONS: The sessions will be held at a mutually agreed upon site (which includes Robin's office) or over the phone. There must be at least one session per week if the client chooses a 4 session commitment. A session lasts 75 minutes. Star Group is not a provider for insurance companies and all sessions must be paid up front.

1 session costs \$125

4 sessions which includes email communication is \$440

6 sessions which includes email communication is \$620

CLIENT RIGHTS:

It is understood that coaching is not an exact science with no guarantee, real or implied, has been given or promises made for a specific outcome of your evaluation and sessions.

This coaching relationship is not psychological counseling or any type of psychotherapy. In no case is the work described in this agreement to be construed as therapy. If therapeutic issues arise and *the client* wants professional counseling or therapy, it is her/his responsibility to seek a licensed professional

NATURE OF RELATIONSHIP: The client enters into coaching with the understanding that s/he is responsible for his decisions and results and determines the best course of action.

INDEMNIFICATION: *The Client* shall indemnify and hold Robin Star harmless from any harm or liability arising from actions taken or situations created as a result of the coaching relationship.

MUTUAL EXPECTATIONS FOR THE COACHING ENGAGEMENT: WHAT DO I EXPECT FROM YOU:

- Taking ownership and accountability for your development and using the coaching resource as you would any other costly resource.
- Communicating with me directly about any concerns you have about me or my coaching.
- Holding yourself answerable for completing the work you have agreed to, achieving your objectives and attending scheduled meetings/telephone calls. Except for extenuating circumstances, sessions or calls cancelled without a 24 hour notice are considered completed sessions.
- Honoring confidentiality agreements.
- Being direct and honest.

IN THIS MOMENT, WE ARE IN THIS TOGETHER